

# East Texas Depression & Bipolar Group

Tyler Texas, December 2010 Newsletter



Never give up, there's rainbows

We meet at ETCIL (East Texas Center for Independent Living) at 4713 Troup Highway in Tyler (call 903-581-7542 for directions). Our meetings are always the 2nd Thursday of the month at 11:00 AM. We have no membership dues, so just come and enjoy our group. Donations are welcome, but never required.

Mark Lloyd, president 903-657-9438  
Shirla Whittaker, vice president 903-593-3885  
Mary Mathison, secretary

email: [ETDBG@notstupid.us](mailto:ETDBG@notstupid.us)  
web: <http://notstupid.us/ETDBG>



Our next meeting will be on December 9, 2010 at 11AM at ETCIL. This will be our annual Christmas party, so please bring some snack food.



The rainbow design is one I created just after Christmas 2002 for the T-shirts that Ronnie Posey donated to the group.



## Black Friday Christmas decorations





This is Mary's last Christmas tree (in Goldthwaite, Texas). I intend to decorate one like it this year.

