

East Texas Depression & Bipolar Group

Tyler Texas, December 2009 Newsletter



We meet at ETCIL (East Texas Center for Independent Living) at 4713 Troup Highway in Tyler (call 903-581-7542 for directions). Our meetings are always the 2nd Thursday of the month at 10:00 AM. We have no membership dues, so just come and enjoy our group. Donations are welcome, but never required.

Our next meeting will be our annual Christmas party on December 10. People are invited to bring snack food or drink.

Also, we can talk about possibly changing the meeting time to something more convenient.

Mark Lloyd, president 903-657-9438

Shirla Whittaker, vice president 903-593-3885

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"Nibbles"

helped with the preparation of this newsletter.

