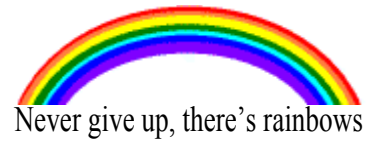


# East Texas Depression & Bipolar Group

## Tyler Texas, December 2006 Newsletter



We always meet at ETMC Behavioral Health Center cafeteria at 4101 Spur 248, Tyler Texas (across from UT Tyler). Our meetings are always the 2nd Thursday of each month at 6:45 PM. We have no membership dues, so just come and enjoy our group.

We would still like to see more people at the meetings.

At the December 14 meeting, we will have our annual Christmas party. People are encouraged to bring snack food such as chips or cookies. As usual, drinks are available at the meeting.

Mark Lloyd, president 903-657-9438  
Shirla Whittaker, vice president 903-593-3885  
Mary Mathison, secretary

Web page:  
<http://notstupid.laughingsquid.com/etdbg.html>



The free medicine  
program (800) 921-0072



Trees are taking longer  
to lose their leaves this  
year. This pear tree  
doesn't have any  
Christmas lights on it  
(yet).

